

SPIDERMAN SHOW



"SUMMER WORKSHOP"

SPIDERMAN IS HAVING AN AMAZING
ADVENTURE TO SHARE WITH EVERYBODY!

**CLASS 1:
SPIDERMAN POSITIONS & CLIMBING BUILDINGS**

**CLASS 2:
THE RINGS POWERFUL MISSION**

**CLASS 3:
THE AMAZING ROPE**

**CLASS 4:
BUILDING YOUR WEB**

**CLASS 5:
THE AMAZING SHOW**

SPIDERMAN SHOW



CLASS AIM:

**Kids are amazing, there is so much to learn from them!
Seems like we suddenly forgot that being a kid is the
best part of life.**

**This class was designed to have a lot of fun; the main
goal is for children to learn to control their adrenaline
in order to avoid injuries in the future.**

CLASS BENEFITS:

**Improving Reflects
Body Balance
Boosting muscle strength
Breathing techniques
Creativity & Task completion**

AGE RECOMMENDED:

+3 YEARS OLD

SPIDERMAN SHOW



CLASS ONE

Spiderman teaches special training for fingers and toes to keep positions and climb a building. (using floor)

SPIDERMAN SHOW	5min.
STRETCHING AND WARM	5min.
3 SPIDERMAN POSITIONS	10min.
2 CLIMBING POSITIONS (UP & DOWN)	20min.
THE ADVENTURE BRIDGE 2 LEVELS	5min.
PHOTO SESSION	10min.
RELAX TIME	5min.

CLASS TWO

Spiderman teaches how to throw the rings.

SPIDERMAN SHOW	5min.
STRETCHING AND WARM	5min.
CLAIM OBJECTS	10min.
CHASING GAME	20min.
CATCH THE RINGS	5min.
PHOTO SESSION	10min.
RELAX TIME	5min.

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CLASS THREE

Spiderman teaches how to block your body to pull the rope and shares strength exercises.

SPIDERMAN SHOW	5min.
STRETCHING AND WARM	5min.
THE ROPE COMPETITIONS	10min.
MISSIONS:	30min.
Save the school bus & elevator	
JUMP THE ROPE	10min.
RELAX TIME	5min.

CLASS FOUR

Spiderman teaches how to create a Web using a tape and how to prepare for failings.

SPIDERMAN SHOW	5min.
STRETCHING AND WARM	5min.
ROLLING BODY TECHNIQUE	10min.
LANDINGS	5min.
BUILD YOUR WEB	20min.
REEL SESSION	10min.
RELAX TIME	5min.

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CLASS FIVE

Spiderman teaches an amazing show to perform with him, acrobatics spider skills and dancing.

SPIDERMAN SHOW	5min.
STRETCHING AND WARM	5min.
GENERAL REHEARSAL	10min.
CHOREOGRAPHY:	30min.
Learn the show	
THE AMAZING SPIDEY TEAM SHOW	10min.
PHOTO SESSION	5min.



SPIDERMAN SHOW



THIS PRICE IS PER KID, PLUS TAX

ONE CLASS

\$ 30 / 1 HR.

material not included

WORKSHOP

\$ 150 / 5 CLASS

material included:

3 silly spray, 1 tape & tiktok reel



COMIC BOOK

\$ 20 / DIGITAL \$ 30 / PRINTED:
poster size